

ALL-AMERICAN SPORTS RECREATION

Adult Evening Basketball League

2018 Rules and Regulations

1. Games start at 3:00pm, 4:00pm, 5:00pm, 6:00pm, 7:00pm and 8:00pm
2. Games will be divided into two (2) twenty minute halves, with the clock stopping for the last two (2) minutes of the final half. If a team leads by 20+ points in the second half the clock will not stop.
3. Ten (10) minutes from the scheduled start time will be allowed before a team forfeits. Four (4) qualified players must be present to avoid a forfeit.
4. All-American Sports Recreation will provide certified referees.
5. A player and / or team may be expelled from the league for fighting or unsportsmanlike conduct.
6. Teams forfeiting two games in one season will be disqualified from play for the remainder of the season. A forfeit bond of \$60.00 will be required for each team.
7. Forfeits result in damaging a league and causes inconsistency, any team that is disqualified will have to apply for reinstatement the following year.
8. No physical or verbal abuse toward the referee's. Violators will be expelled from the league.
9. Two technical fouls in one game will result in an ejection from that game, plus a one game suspension. Suspensions may be increased based on the incident. The player may attend the suspended game(s), but will not receive playoff credit and cannot sit on the team bench.
10. ALL players NOT wearing a league-supplied shirt prior to the tip must borrow a shirt from the scorekeeper (I.D.). Player's cannot play without a league supplied 2018 jersey or their own team jerseys. All players must wear gym shorts and sneakers.
11. Each team is allowed two (2) time-outs per half and the time-outs cannot be carried over into the second half or overtime. One time-out is allowed per overtime. Only players on the floor may call a time-out.
12. Each overtime period will consist of three (3) minutes, with the clock stopping the final minute of the period.

13. Each team will receive free pitchers of beer/soda @ Legends Field Pub, 711 Central Avenue after each game. Three pitchers for each team. Pitchers cannot be carried over to the next game. *SEE Rules Below:
14. The playoffs will consist of the top four teams from each class of play. Playoffs will be a single elimination format. Each player must play in (1 sec. of clock) 5 games to become eligible for the playoffs. Injuries occurring in league play will be treated on an individual basis.
15. Back court will be the opposing teams foul-line extended.
16. Only two former college basketball players will be allowed on each team. The players must be over 30 years of age! In addition NO former division one (D1) players allowed. No professional or ex professional players. Exceptions may be made and will be considered on a case by case basis.
17. The team registration fee is \$795.00! A minimum of six players and a maximum of eight players per team. Teams may not add players after game three (3).
18. NCAA Rules will be used except for the rules listed above and the free throw rule.

HIGHLIGHTS:

You may not enter inside the three point circle until the foul shot hits the rim.
Free throws - players may enter the lane on the release of the ball, except shooter.

All shooting fouls will result in free throws.

Non-Shooting fouls;

Seven team fouls result in a one-and-one!

Ten team fouls result in two shots!

Five personal or two (2) technical fouls on any one player, and the player is ineligible to finish the game.

Lane One = Not used.

Lane Two= Players may use the box on foul shots (one foot)

SCORES & STANDINGS (www.allamericansportsrecreation.com)

Tie-Breakers:

1. Wins/losses
2. Head to Head
3. Points Against
4. Net Points
5. Coin Toss

Legends Field Restaurant & Pub Basketball League

BAR Rules & Schedule

3pm to 9pm games played @ PAL Facility

Sunday January 14th
Sunday January 21st
Sunday January 28th
Sunday February 4th (No Games NFL Super Bowl)
Sunday February 11th
Sunday February 18th
Sunday February 25th
Sunday March 4th
Sunday March 11th
Sunday March 18th
Sunday March 25th
Sunday April 1st (No Games Easter)
Sunday April 8th

***PITCHERS WILL ONLY BE GIVEN WITH PURCHASE OF FOOD OR
ALCOHOLIC BEVERAGES**

One Player per Team = No Pitchers

Two Players per Team = One Pitcher

Three Players per team = Two Pitchers

Four or More Players per team = Three Pitchers

**TEAMS CAN ONLY USE FREE PITCHERS
SUNDAY NIGHTS**

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